

Mangosteen Juice **Xango**



Mangosteen has recently become revered as the "Queen of fruits! It is so rich in antioxidants and other nutrients that it can be taken along with a good multi vitamin/ once a day. This fruit targets our immune system. It is our Immune system that is under attack from internal and external stressors on a daily basis- the immune system tends to every cell in the body- staves off diseases, including cancer. Among the powerful phytonutrients found in the rind of the Mangosteen, **xanthones** stand alone in their impressive benefits. Scientific studies suggest xanthones promote healthy bodily function. The whole Mangosteen fruit, packed with naturally occurring xanthones, help:

- maintain intestinal health *
- facilitate weight loss
- increased energy
- strengthen the immune system*
- neutralize free radicals* (causes of cell damage)
- support cartilage and joint function *
- helps prevent premature aging
- reduced pain associated with common ailments
- promote a healthy seasonal respiratory system

Xanthones in Mangosteen

Researchers have identified dozens of biologically active xanthones in the Mangosteen fruit. Today, researchers are just beginning to uncover the powerful scientific properties behind the Mangosteen fruit.

What are Xanthones?

Xanthones are/have:

- A unique class of biologically active compounds possessing numerous bioactive capabilities—such as antioxidant properties.
- A restricted group of plant polyphenols, which cause a reduction in inflammation- such as in coronary artery disease.
- Flavonoids- that have received a lot of attention because of their impressive antioxidant properties
- Studies have identified approximately 200 different types of Xanthenes, and the Mangosteen fruit contains an amazing 43 of them!

Antioxidants are substances or nutrients in our foods, which can prevent or slow the oxidative damage to our body. When our body cells use oxygen, they naturally produce free radicals (by-products), which can cause damage. Antioxidants act as "free radical scavengers" and hence prevent and repair damage done by these free radicals. Omni-present in our food, air and environment, free radicals storm our bodies every day and attack our cells. Health problems such as heart disease, macular degeneration, diabetes, cancer etc are all contributed by oxidative damage. Indeed, a recent study conducted by researchers from London found that 5 servings of fruits and vegetables reduce the risk of stroke by 25 percent. Antioxidants may also enhance immune defense and therefore lower the risk of cancer and infection.

* Mangosteen also contain/ in small amounts- iron, fiber, calcium, Vit C, potassium, Vit-B2, protein, cathechins/tannins, phosphorus, B1, niacin.

Xango is the best company that I could find- the careful crafting of XanGo's all natura-pure, whole-fruit, Mangosteen purée ensures that all of the impressive and nutritional properties of the fruit reach and enrich every bottle of XanGo Juice. The other companies could not equal the nutritional values found in Xango. Also, they process the fruit in sterile, state of the art factories.

You may buy this product from me or you may purchase your own Xango. If you are interested in becoming a distributor, please go to my web site-

<http://www.xangousa.myvoffice.com/christinarobichnorton>